Dear Parents, Carers, Staff, Students and Friends,

Welcome to Term 4!

On Monday morning we had a conversation with the students about what we ask God to help us with this term. Their responses were about being great learners, good friends, following the school rules and always doing your best.

During a Religious Education class this week a Junior student answered the question of ‘what do we need in order to live’ with ‘curriculum’!! Already off to a flying start!

There are lots of things happening over the next eleven weeks. Please make sure that you stay up to date by putting relevant information in your diaries and perusing the weekly school and class newsletters.

Thanks for a great week!
God bless you! @
Jo-Anne

**IMPORTANT DATES**

**OCTOBER**
- Mon 16th: Expo meeting @ 6.30pm
- Tues 24th: Hoop Time Regional
- Wed 25th: School Council @ 7.00pm
- Thurs 26th: Spelling Comp @ W’bool
- Fri 27th: Mission Day!
- Mon 30th: Expo meeting @ 6.30pm
- Mon 30th – Fri 3rd: P/1/2 Swimming program @ HILAC

**NOVEMBER**
- Thurs 2nd: Expo Safety briefing @ 7.00pm
- Mon 6th: Pupil free day – staff Curriculum Day
- Tues 7th: Public holiday – Melbourne Cup
- Mon 13th – Fri 24th: Gr 3/4 Swimming @ Monivae pool
- Tues 14th: Hoop time Regional seniors
- Fri 17th: PSC meetings
- Mon 27th – Fri 8th: Gr 5/6 Swimming @ Monivae pool
Advance notice:
- Tues 12th Dec  Transition day – all students
- Fri 15th Dec  Swimming Carnival

Attachments:
- Expo Volunteers Form

School Uniform
With the warmer comes our summer uniform! Students are able to wear the correct summer uniform for the start of term. Please note that if the weather is cooler winter uniform may be worn. The school uniform shop is open every Monday from 3.15 – 3.45pm if you need to shop.

And a reminder that school hats must be worn during term 4.

Mission Day

- A note containing details of our Mission Day will be sent home with students early next week.
- Mission Day is one of the really special days on our school calendar where we all come together as a community to raise awareness and money for those in need.
- We hope that the students’ understanding of ‘mission’ will be nurtured and that students will be encouraged and supported to live as Christ challenges us:
  “I have come so that they may have life and have it to the full” (John 10:10)
- Missionary activity is, fundamentally, a going out of oneself in love, a reaching out to bring God’s love to everyone, especially the outcast and unloved.
- Each grade is involved in running stalls and activities which raise money and provide lots of fun for everyone. The money raised is forwarded to Catholic Missions, who work to assist disadvantaged communities throughout the world.
- This day also helps our school community to become more aware of issues of social injustice in the world and gives us all an opportunity to do something practical in order to help those who are not as fortunate as we are.

Outline of the day
9.00am -11.00am  Class time, including set-up of stalls and activities.
11.30am - 12.15pm Liturgy – Learning Street.
12.15pm - 1.45pm  Stalls!
1.45pm - 2.20pm  Clean up
2.40pm - 3.15pm  Assembly

Everyone is welcome to join us for our day of activities.

Office Staff
Please note that Helen and Shannon will be attending the Diocesan Administration Conference next Tuesday, Wednesday and Thursday. The office will be open for business with the support of replacement staff.

Welcome
This week we welcomed Noah Romeo to our Prep class and school community along with his parents and little sister. Please make them welcome when you see them around the school.

2018 Planning
We are well underway with our planning for the 2018 school year. With great excitement we are looking forward to welcoming 34 Prep students for next year, along with a number of students already enrolling in other grades.

If your family is planning on relocating for next year please let Jo-Anne know as soon as possible so that this can be taken into account.

While working on enrolments we are also having conversations with staff about teaching teams for 2018 and for two Prep classes to accommodate the increase in enrolments in this area of the school. Exciting times!

Walk to School
Our Walk to School efforts have seen a huge increase in the number of students getting an extra dose of fresh air each day. Keep up the walking!

Journals
Hopefully you have had an opportunity to celebrate the great record of Term 3 learning contained in Learning Journals. Please take a moment to write an encouraging message on the parent page and return them to school as soon as possible.

Parish News

**MASS TIMES – 2017**

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<thead>
<tr>
<th>Location</th>
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<tr>
<td>Hamilton</td>
<td>Saturday 6pm</td>
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<td>Sunday 10.30am</td>
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<td>Dunkeld</td>
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<td>Penshurst</td>
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Assembly

Assembly are held every second Friday starting at 2.40pm.

Our next assembly will be Friday 20th October.

All welcome!
Canteen Roster

11/10/2017  Jen Taylor
18/10/2017  Volunteer needed
25/10/2017  Volunteer needed

Please note that if there are no parent volunteers there will be no lunch orders available on that day.

Can Parents please remember to place lunch orders in brown paper bags

Uniform Shop

Opening times: Every Monday 3.15 – 3.45pm
Purchase can be made by attending the Uniform Shop or by placing an order with payment at the front office. EFTPOS available.

A Sparkling Christmas Expo. Celebrating 25 years!

A couple of important reminders. Please put these dates in your diary with a commitment to attend.

Our next Christmas Expo. meeting is to take place next Monday evening, Monday 16th October, 2017 in our school meeting room commencing at 6.30pm.

All committee members and Team Leaders will be warmly welcomed and are encouraged to attend.

Our event is seven (7) weeks away! If you are unable to attend please contact the office to register your apology. If you have any items to be tabled and/or discussed, please email or text them through to Kerry or any committee member by Monday. Look forward to seeing you on Monday evening.

Our Christmas Expo. O.H. & S briefing will take place on Thursday evening 2nd November, 2017 in our school meeting room at 7pm.

Pastoral Care

Welcome to Term 4. I hope you were able to spend some fun time with your child/ren over the holidays. For the next few weeks I will again be sharing some information from Andrew Fuller, his website is www.andrewfuller.com.au you will find a lot of useful information. How to be Happy is the title of the article I will be reproducing.

How to be Happy

The art of making yourself happy is something we can all learn and practice. No one is happy 100% of the time. Life has its ups and downs. Even so there are some sure fire ways to increase your happiness.

1. Don’t wait to see if you are having a good time. Instead of going to places and seeing if it is fun decide in advance to have fun regardless of the circumstances. Enjoy the day regardless of the weather. Make the most of the occasion regardless of the company.

2. Go outside and play. You were told to do this as a kid and I’m telling you to do it again, play more. Go for walks, throw a dog a stick, skip, sing loudly or imagine yourself to be a spy passing through enemy territory. Whatever does it for you. Make a promise to play more.

3. Develop deep friendships. Your friends are your true wealth, Value them and see them regularly. Let them know how important they are to you. Most people only have two close friends so don’t fool yourself into believing you are less popular than most people.

Hope you enjoy this article it will continue next week.

Have a good week,

Kind regards Lisa Gonnet
Schools pastoral care worker
0400994032

Mental Health

Next week on Friday 20th of October Grace Cleaver, Bella Holmes, Libby Fox and Macey Bowie will be selling icy poles for $1 each. The money that is raised will be donated to support services in Hamilton that help kids and adults with mental health or other issues.

Grace Cleaver & Bella Holmes

The Sport Catch Up

Welcome to Term Four! It’s a busy and exciting term for everyone, with lots of sporting activities and opportunities available!

Regional Athletics

Today Hugh Fitzgerald and Grace Cleaver competed in the Regional Athletic in Ballarat. It is a fantastic achievement to qualify for the Regional Athletics, Hugh competed in the Hurdles and the 200m and Grace completed in the Hurdles and the 100m. We are so proud of both of you and cannot wait to hear your results!
Walk to School
Walk to School month is now in full swing! Thank you to everyone who has been involved in Walk to School this week. If your family lives too far from school for your children to walk, remember that walking part way is okay! If you can’t walk the whole way, why not park the car close to school, near the lake for example, and walk, ride or scoot the rest – it all counts! Remember that each morning you can drop your children off at the Monivae crossing so they can walk up with Walk to School group. We will start walking the oval at lunch times next week for those who cannot walk, ride or scoot to school. Thank you for your support with this wonderful VicHealth initiative.

Grade One / Two Cricket Clinic – Milo in2 Cricket
Today the Grade 1/2s had a cricket clinic run by Cricket Victoria, to help promote the Milo cricket program in Hamilton. We hope it was lots of fun! Milo In2 Cricket begins next week on Thursdays or Sundays with many of our local cricket clubs, please go to the website: http://playcricket.com.au/club-finder?format=IN2C&postcode=HAMILTON%20VIC%203300 to register for these great programs.

Saturday Netball
The season kicks off this Saturday 14th October and runs until Saturday 2nd December (8 weeks). We have an Under 13 team and we also have a combined Under 11 team with Good Shepherd. Thank you to Shauna Beattie, Suzi O’Brien & Jemma White who have offered their support with coaching & umpiring.

Hooptime
The Grade 3/4 All Star Girls have qualified for the Regional Finals here in Hamilton on Tuesday 24th October. This team received their draw, rules and behaviour policy information earlier in the week. The Grade 5/6 All Star Girls have also qualified for the Regional Finals in Hamilton on Tuesday 14th November. We will pass on their draw as soon as it comes to hand.

Milo T20 Blast Cup
Interested Grade 5/6 students will be attending the T20 Blast Cup (Kanga 8s) on Friday 10th November from 9.30am - 2.30pm. Information and permission notes will come home soon about this. If you are interested in coaching a team please let Miss Couchman know.

Swimming
Our Swimming Program will be underway in a few weeks with the Prep/One/Twos swimming in Week Four (30th Oct-4th Nov) at HILAC. Information and permission notes will be coming home next week regarding their lessons. The Grade 3/4s swim in Weeks 6 and 7 (13th Nov-24th Nov) at Monivae. Then the Grade 5/6s swim in Weeks 8 and 9 (27th Nov-8th Dec), also at Monivae.

GRADE 6 DINNER
Grade 6 End of year Dinner meeting will be held in the Meeting Room at St Mary’s on Monday 16th October at 2:30pm for all interested parents. Apologies to Pauline Perkins 0428 287 113

HANDS UP
Tell us how we can tailor a volunteer opportunity to suit you. No amount of time to give is too small. Some of the things our amazing volunteers currently do are:

- Volunteer drivers
- Op Shop staff
- Meal and Theatre Buddies
- Fundraising
- Clerical
- Palliative Care
- Insert new opportunity tailored to you!

Join us for nibbles, great conversation and information on volunteering at your hospital Thursday 19th October 2017 starts at 6pm through to 7pm - Hamilton Hospital Learning and Development Centre (Enter via main entrance on Foster St)

Engaging Adolescents
Parenting Program
A three week program for parents of 12 – 15 year olds. Engaging Adolescents will help parents understand and cope better with the challenges of early adolescents and Provide parents with information and skills for developing and maintaining trusting positive relationships with their adolescents.

Time: 6:30 – 8:30pm
Date: 1st, 8th, 15th November
Venue: Monivae College, Hamilton
Cost: Free – ($6.50 Workbook)
RSVP: Centacare, Family Relationship Services
Family Relationship Practitioner: Marea Sholly
Phone: (03) 5559 3000
Email: marea.sholly@centacarewarrnambool.org.au

Pauline Perkins