Dear Parents, Carers, Staff, Students and Friends,

Today we will be enjoying the fun and activities of Footy Colours Day! Although some of us are lamenting our team not playing in September it was great to have another chance to join in the friendly banter between team supporters and wear the colours one last time for the season! A huge thanks to Hugh, Imogen and Deb Fitzgerald for their organisation of the day’s events and to the many businesses, parents and friends who have supported in many ways. Go the Roos!!! And HAPPY FATHER’S DAY to Dads, Pops and special mates!

Thanks for a great week!
God bless you! ❥

Jo-Anne

God of Joseph, foster-father of Jesus,
listen to our prayer:
Bless all who ‘father’ and protect new life in any way,
these fathers who teach and guide,
who encourage and lead.
Bless fathers who work hard
to provide for the life that has been entrusted to them.
Embrace them warmly in the intimacy of your love,
these fathers who lift up with strength
those who are helpless and dependent.
Bless them today with all good things:
with health, with laughter, with joy and with love,
with pride in their ‘children’
and with the support of many friends.
Amen

IMPORTANT DATES

<table>
<thead>
<tr>
<th>AUGUST</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Fri 31st</td>
<td>Parish family dinner – Gr 6</td>
</tr>
<tr>
<td>SEPTEMBER</td>
<td></td>
</tr>
<tr>
<td>Mon 3rd – Fri 7th</td>
<td>P/1/2 Swimming program @ HILAC</td>
</tr>
<tr>
<td>Wed 5th</td>
<td>SAC meeting @ 7.00pm</td>
</tr>
<tr>
<td>Tues 11th</td>
<td>Middle Team planning day</td>
</tr>
<tr>
<td>Thurs 13th</td>
<td>Gr 5/6P class mass @ 10.00am</td>
</tr>
<tr>
<td>Fri 14th</td>
<td>Junior Team planning day</td>
</tr>
<tr>
<td>Mon 17th</td>
<td>Dress rehearsals</td>
</tr>
<tr>
<td>Tues 18th</td>
<td>Concert @ 12.30pm &amp; 6.30pm</td>
</tr>
</tbody>
</table>

| Thurs 20th | Senior Team planning day |
| Fri 21st  | End of term 3! |
|           | Early finish @ 2.15pm |
Tickets for our 2018 school concert are now on sale!
The cost of tickets is $10.00/adult and $5.00/16 & under. The general rule is, regardless of age, if the child needs a seat, you will need to purchase a ticket.
- All tickets will be pre-sold; **tickets will not be available on the night**.
- You are now able to come and purchase concert tickets in addition to the family limit. There are still a few left for the evening concert.
- Ticket purchases will be on a “first come, first serve” basis until each of the shows are sold out.
- Seat numbers will be allocated and you can select your seats when you purchase.
- On the day/night of the performance, you will present your ticket and sit in the seat indicated on your ticket.

Below is a breakdown of the class items and required costumes.

<table>
<thead>
<tr>
<th>Class</th>
<th>Item</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Prep</td>
<td>Chicken Dance</td>
<td>Masks are being made at school. Children could wear black clothing – perhaps with a bit of yellow.</td>
</tr>
<tr>
<td>Year One and Two</td>
<td>The Monkey Dance</td>
<td>Masks are being made at school. Children can wear black, grey or brown clothing</td>
</tr>
<tr>
<td>Year Three and Four</td>
<td>Eye of the Tiger</td>
<td>Children can wear basic black clothing with a hood or a dressing gown with a hood. (The hood is important)</td>
</tr>
<tr>
<td>Year Five and Six</td>
<td>Gangnam Style</td>
<td>The “loudest” 80s colours possible. See “Google” for assistance!</td>
</tr>
</tbody>
</table>

- The Year Five and Six plays are being produced by individual teachers and so each group will be given ideas on what props and costumes will be needed for each play.
- Why not get into the “groove” and dress up in your favourite 80s gear when attending the concert?

See you on September 18, at either 12:30 or 6:30 (or both), for an event that will be hard to forget.

John Healy

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**Swimming Program**
The grade 5/6 students complete their swimming program today! I was very impressed with the efforts demonstrated by students when I visited the pool yesterday! They were putting a lot of energy into focusing on the instructions given and then persisting with new skills. A big thanks to Sarah Byron and her instructors for supporting our program, to Elise Couchman for her organisation and to Monivae for allowing us to timetable our program at the pool.

**Sacramental Program**
A lovely celebration with our First Communicants last Sunday! Although the children were a bit nervous, they were also very excited to celebrate their final step into the Catholic faith community. Thank you to parents and families who have supported the program during the year. Thanks also to Noreen McLeish for her co-ordination from the Parish and to Shelley Waters, Lauren Haesler, Lisa Schurmann and other staff who have walked with the children during their preparation time. And to Fr Paddy – who always makes a celebration special!

**School Fees**
All school accounts for 2018 are now due and payable. Please finalise your account as soon as possible. This does not apply if you have a payment plan in place.

If you are having difficulties in paying your account, please contact Helen or Jo-Anne.

**Prayers**
Please keep in your prayers Elle Guthrie and her family following the very sudden death of her dad, Rob, last weekend. Elle works across our Network of Catholic Schools as a Compliance Officer.

Our sympathies are also extended to the Monivae community on the sad passing of Fr Peter Wood MSC during the week. Fr Peter has had involvement with our school and parish over the last few years when Fr Paddy has taken his annual holiday and was a very gentle, caring and interested supporter of our school.

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**Canteen Roster**

<table>
<thead>
<tr>
<th>Date</th>
<th>Name</th>
</tr>
</thead>
<tbody>
<tr>
<td>05/09/2018</td>
<td>Cass Young</td>
</tr>
<tr>
<td>12/09/2018</td>
<td>Volunteer needed</td>
</tr>
<tr>
<td>19/09/2018</td>
<td>Sarah Tarrant/Lisa Comtesse</td>
</tr>
</tbody>
</table>

- Can you help with our Canteen Roster?
- **Please note that if there are no parent volunteers there will be no lunch orders available on that day.**
- If you are interested in finding out what is involved, please contact the office.
Parish News

**MASS TIMES – 2017**

**Hamilton:**
- Saturday 6pm
- Sunday 10.30am

**Dunkeld:**
- Sunday 8.30am

**Glentompson:**
- Sunday 8.30am

**Penshurst:**
- Sunday 8.30am

**Macarthur:**
- Sunday 8.30am

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**PASTORAL CARE**

Hello, This week we continue with the article from the Kidsmatter website on anxiety at www.kidsmatter.edu.au/mental-health matters/anxiety-how-anxiety-problems-affect children/what-does-anxiety-look

**What you might see in a child with anxiety difficulties:**

<table>
<thead>
<tr>
<th>A child with anxiety difficulties may...</th>
<th>Parents and carers might notice their child...</th>
</tr>
</thead>
<tbody>
<tr>
<td>• seek reassurance often</td>
<td>• clings to them</td>
</tr>
<tr>
<td>• avoid situations they feel worried or scared about</td>
<td>• asks for help with things they can do for themselves</td>
</tr>
<tr>
<td>• try to get others to do the things they are worried about</td>
<td>• doesn’t want to get ready for school</td>
</tr>
<tr>
<td>• tell you they have physical pains</td>
<td>• won’t go to sleep without a parent or carer</td>
</tr>
<tr>
<td>• dislike taking risks or trying new things</td>
<td>• asks, “will you do it for me?” a lot</td>
</tr>
<tr>
<td>• have lots of fears</td>
<td>• asks, “will you tell them for me?”</td>
</tr>
<tr>
<td>• get upset easily</td>
<td>• often complains of stomach pains or headaches</td>
</tr>
<tr>
<td>• have lots of worries</td>
<td>• worries a lot about doing things right</td>
</tr>
<tr>
<td></td>
<td>• prefers to watch others rather than have a go</td>
</tr>
<tr>
<td></td>
<td>• is scared of the dark, dogs, injections, being alone, germs, tests</td>
</tr>
<tr>
<td></td>
<td>• often cries over small things</td>
</tr>
<tr>
<td></td>
<td>• complains, “he’s teasing me,” a lot</td>
</tr>
<tr>
<td></td>
<td>• always sees the dangerous side of everything.</td>
</tr>
</tbody>
</table>

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**How parents and carers can help**

Children with anxiety difficulties tend to lack confidence in their abilities and feel overwhelmed easily. They need to learn how to cope with worries and build confidence. Children with these difficulties benefit from parents and carers providing positive support and teaching them the emotional and thinking skills that can help them manage their worries.

I will continue the article next week. If you have any concerns please see your GP.

Have a great week,

Kind regards,
Lisa Gonnet
Schools Pastoral Care worker 0400 994 032

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**Assembly**

Assemblies are held every second Friday in our Learning Street @ 2.40pm. Our next assembly will be Friday 7th September. All welcome!

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**Footy Colours Day – 31st AUGUST**

THE WONDERFUL BUSINESSES WHO HAVE SPONSORED THIS IMPORTANT DAY.

Accurate Clothing, AFL Western District, Alexandra House, Barry Francis, Beattie's Newspaper, Botanical Motel, Buckle Menswear, Caledonian Hotel, Chris's Kebab & Grill, Commercial Hotel, Hair For Men, Hamilton Farm Supplies, Hamilton Furnishing Co, Hamilton Spectator, Harvey Norman, Hip Pocket Menswear, Hunts Auto Spares, King's Bakery, Lady Bug Nursery, LA Walkers, Lemon Myrtle Cafe, McDonalds Restaurant, Panama Fish Shop, Pitstop Cafe, Regional Butcher, Repco, Robinsons Sportscene, Sweet Tooth, Roxburgh House, Slade's Newsagency, Solo Cutting & Styling For Men, Sportpower, Toyworld and Woody's Cafe.

Hugh and Imogen Fitzgerald
LEGACY
Legacy is a uniquely Australian organisation established in 1923 by ex-servicemen dedicated to the task of caring for the widows and dependants of deceased comrades, whether they died on active service or later in civilian life. This covers not only the World Wars, Korea, Malaya, Vietnam, The Gulf and Peacekeeping Forces but also the dependants of Australian Defence Force members killed on operational training.

Please call into our office to purchase a Legacy pin, pen or wristband.

THE SPORT Catch UP
Swimming Program
We would like to thank Sarah Byron, Casey Rook, Nicole Rentsch, Paige Cameron and Jodie McIntosh for the wonderful swimming lessons they ran over the last month. The way these instructors worked with our students was magnificent. We hope they enjoyed the swimming program just as much as the students did! We especially thank Sarah for all the organisation and extra hours she did behind the scenes to ensure our students received a terrific swimming program. We also thank Monivae for the use of their facilities, we are very grateful to have such a wonderful relationship with Monivae.

Prep/One/Two Swimming
Grades Prep, One and Two finally get their turn in the pool next week! A note with updated information went home this week with all the Junior School students.

Walk to School
This year we are participating again in the Walk to School month, which encourages primary school children to walk, ride or scoot to and from school throughout October, to help them get the 60 minutes of physical activity they need each day. Just as we have done for the last couple of years, we will have a walking group meet at the Ballarat Road School/Monivae Crossing from 8.20am, which will depart for school at 8.40am. We will begin the very first day back of Term Four!

Saturday Morning Netball
The Hamilton Netball Association (Saturday Morning) 2018 Season 2 gets underway again in Term 4. The season will run from Saturday 13th October – Saturday 8th December, with a bye for the St Marys Christmas expo.

These age groups welcome boys and girls to play. If any interested students would like to play in the 11 & Under or 13 & Under competition please see Miss Couchman ASAP, so she can send home notes, the code of conduct and the medical/media forms.

Teams need to be registered by Wednesday 19th September.
The cost:
Victoria Netball Association: $53 (unless already paid)
HNA GAME FEES: $40
HNA Membership Fee: $10
TOTAL: $ 103 or $50 if VNA is already paid
VNA only needs to be paid once for 2018 if paid with another club please let us know.

Elise Couchman

Please note: We must have over 8 players, a coach and umpire for each team we enter. If we don’t receive enough players to fill a full team I will contact the association to see if the interested players can join with another team.

SÁTURDAY MORNING NETBALL Season Two
Must be returned by Friday 14th September
Child’s Name: ___________________________
Age Group: U/11 U/13 DOB: ______________
Address: ________________________________________________________________
__ ______________________________________________________________
Parent Email: ____________________________
Parent Mobile: ____________________________
Child’s VNA Number (if applicable): ___________________