Dear Parents, Carers, Staff, Students and Friends,

Although a short week this week it has still been jam-packed with learning and extra-curricular activities for staff and students... and for parents/carers in creating some amazing Book Week costumes!

A final reminder that there is no school for students this Thursday or Friday. Staff are attending the Southern Zone Conference in Warrnambool increasing understandings and skills related to the theme of ‘Fullness of Life – Engaging through Diversity’. A session for parents is being presented by Michael McQueen if you are interested – see flyer in this newsletter.

Thanks for a great week!
God bless you! @
Jo-Anne

Important Dates

AUGUST
Thurs 31st PSG meetings

SEPTEMBER
Fri 1st History Box incursion
Footy and Father’s Day
Parish family dinner – Gr 5
Wed 6th School Council @ 7.00pm
Thurs 7th & Fri 8th
Gr 3/4 Camp
Fri 8th Parish family dinner – Gr 6
Thurs 14th Art Show opening @ 6.30pm
Fri 15th First Communion workshop
Sun 17th First Communion @ 10.30am
Thurs 21st P/1 late stay & Gr 2 sleepover
Fri 22nd Monivae Mission Fair Day – Gr 5/6
Last day of term 3 (Early finish @ 2.15pm)
Advance notice:
- Fri 1st Sept  Fathers & Footy Day
- Fri 27th Oct  Mission Day
- Fri 15th Dec  Swimming Carnival

Attachments:
- Australian Catholics Spring 2017 edition

Prayers
Our thoughts and prayers are with Koby Slattery-Fisher and his family this week following the death of his grandfather Les Fisher on the weekend.

Well done!
Our Mini Vinnies group organised a wonderful PJ day and hot chocolate day last Friday – wouldn’t it be lovely to wear your PJs all day more often?! The MV students were very excited when they counted over $300 contributed by our school community. This money will be donated to the St Vincent de Paul Society to support their work with local people in need of help.

Don’t forget – please bring in your tins of food or essential items (toothpaste, soap etc) by the end of next week.

Working with Children Check
Do you have a Working with Children Check? We are requesting that all parents and carers have a current WWCC card and present it at the office to be added to our register. With the recent changes to the Act there are now legal requirements when working with children – directly or indirectly. Even though this process takes time and can be seen as a nuisance it is all about protecting kids and ensuring their safety.

All parents/carers/visitors wishing to participate in any school activity will be required to have a current Working with Children Check.
WWC Check applications can be made online at www.workingwithchildren.vic.gov.au and are free for volunteers.

Parish News

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Assembly
Assemblies are held every second Friday starting at 2.40pm.
Our next assembly will be Friday 1st September
All welcome!

PASTORAL CARE

Hello, today we continue with the body image article, and we look at how to help our children develop confidence. Next week is the final instalment so if you have a request for information on a specific subject please let me know.

Help your child feel confident about themselves
A strong sense of identity and self-worth are crucial to your child’s self-esteem.

Suggestions include:
- Encourage problem solving, expression of feelings, opinions and individuality. Providing opportunities for your child to problem solve will help them to build confidence in their abilities.
- Teach your child various healthy coping strategies to help them deal with life’s challenges.
- Allow them to say ‘no’. Encourage them to be assertive if they feel they have been mistreated.
- Listen to their concerns about body shape and appearance. Puberty, in particular, can be a worrying time. Reassure your child that their physical changes are normal and that everyone develops at different times and rates.
- Don’t tease them about their weight, body shape or looks. Even seemingly friendly nicknames can be hurtful if they focus on some aspect of the child’s appearance.
- Place value on their achievements, such as...
talents, skills and personality characteristics.

Make your child feel they have an important role in the family; for example, give them age-appropriate household tasks. Tell them what a valuable contribution they make to the running of the house.

Wishing you a great week.

Kind regards Lisa Gonnet
Schools pastoral care worker
0400994032

Christmas Expo

A meeting for this year’s Christmas Expo. Committee and Co-ordinators/Team Leaders is scheduled to take place in our school meeting room on Wednesday, 30th August, 2017 at 6.30 p.m. It is hoped that all Christmas Expo. Committee members and Co-ordinators/Team Leaders will be able to attend. If you are unable to attend, please contact the office and let us know. You are encouraged to send or pass along any information you have on your plans and/or progress so far.

1-2-3 Magic and Emotion Coaching Parenting Program

The program aims to help parents gain practical tips on how to get children to:

- Stop doing the things that drive parents crazy like arguing, fighting, yelling
- Start to do things parents want children to do
- Develop children’s emotional intelligence
- Develop resilience in children

Date: Thursday September 7th, 14th, 21st
Venue: Hamilton North PS
Please contact the school directly to register – 5571 2433
Time: 6.30 – 8.30
Cost: $6.50 (Workbook)
Bookings: Centacare Family and Community Services
Family Relationship Educator, Marea Sholly, (03) 5559 3000,
Email: marea.sholly@centacarewarrnambool.org.au

The Sport Catch Up

Golf Clinic and Golf Tournament

The Primary School Golf Championship for 2017 is being held on Thursday 31st August at Parklands Golf Club. It is open to students in Grades 4-6. The day will commence at 9.45am and finish at approx.. 1.30pm. The students will play over a nine-hole course with the holes shortened to cater for the age of the students. Players need to be able to consistently hit the ball with the maximum score allowed per hole being 10 shots. Children can bring their own set of clubs with them on the day or borrow them from Mr Andy Clark, from Golf Victoria. A parent or guardian must also be in attendance with each group. It is not essential that this person be familiar with the rules of golf, it is merely to assist with supervision. Entry fee is $10 which is payable to your school. Children will be provided with a light lunch following their round and prizes will be awarded for the lowest scores. Leading scorers will then qualify for the Regional Final to be played at Warrnambool Golf Club. If your child is interested please see Miss Couchman.

The Grade 5/6 students had a wonderful golf clinic with Andy Clark from Golf Victoria on Monday.