Welcome to Term 3!

“Education is the most powerful weapon which you can use to change the world.”
- Nelson Mandela

Dear Parents, Carers, Staff, Students and Friends,

Welcome back to Term 3! I hope that you have enjoyed a restful holiday and are ready for all that this term will bring.

Unfortunately, during the holidays I fell and broke my leg, which has seen me return to school in a wheelchair! For the next few weeks I will be at school each day until 12.30 as the leg breaking business is quite exhausting! Erin Wolfe, John Healy and Chris Minney will step into the Acting Principal role each afternoon. I would like to extend my sincere thanks to all the staff, students and families for the kindness and support that has been extended to me.

Thank you for your support of our school.
Enjoy a wonderful weekend with your family.

Terrielynn

**IMPORTANT DATES**

<table>
<thead>
<tr>
<th>JULY</th>
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<tr>
<td>Tues 25th</td>
<td>School photos</td>
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<tr>
<td>Thurs 27th</td>
<td>Junior Hooptime – Gr 3/4s</td>
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<td>Mon 31st</td>
<td>Senior Hooptime – Gr 5/6s</td>
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<th>AUGUST</th>
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<tr>
<td>Wed 2nd</td>
<td>School Council @ 7.00pm</td>
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<td>Thurs 3rd</td>
<td>Sacramental Parent meeting @ 7.00pm</td>
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<td>Fri 4th</td>
<td>Parish family dinner – Gr 3</td>
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<td>Mon 7th</td>
<td>No country buses</td>
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<td>Wed 9th – Fri 11th</td>
<td>Gr 5/6 Camp – Melb &amp; Ballarat</td>
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| Mon 14th | Learning Conversations |            |
| Tues 15th | Feast of the Assumption mass 9.50am |            |
| Wed 16th  | Learning Conversations |            |
| Fri 18th  | PJ Day & hot chocolate |            |
|          | Parish family dinner – Gr 4 |            |
Advance notice:
- Mon 7th August  No country buses running due to Sheepvention
- Mon 14th & Wed 16th August  Learning Conversations
- Thurs 24th & Fri 25th August  Pupil free days
- Fri 1st Sept  Fathers & Footy Day

Attachments:

Prayers
Please keep Charles and Kellies SanBa and their family in your prayers as they mourn the loss of their grandmother.

Journals
Thanks to all those families who have returned their child’s Learning Journal. The comments made are just precious and so encouraging for the students. If you notice that there are journals still sitting on your kitchen bench please return them next week.

Grandparents’ Day
As I write, this wonderful celebration is in full swing! The children are always very excited about having their grandparents visit them at school and look forward to this day each year. Thanks so much to all the families who donated food for the occasion. As always we have been overwhelmed by your generosity.

Enrolments
If you have a child ready for Prep in 2018 please contact the Office for an enrolment form. We would appreciate it if existing families could submit their forms as soon as possible so that we can plan effectively for next year.

If you know of other families who are interested in visiting our school and having a conversation about learning at St Mary’s please invite them to contact the school to make an appointment.

Staffing
Next Monday we welcome back Sherree Gallagher from her Long Service Leave. We hope that she has enjoyed a wonderful holiday with her family.

Some of our regular CRTs will be working in the 1/2 area over the coming weeks to replace Terrielynn during the Literacy time.

School Photos
Those with missing teeth have until next Tuesday 25th July to practice their cheesy grins for our school photos! All students must wear their correct winter uniform, including jumper.

Mini Vinnies

Vinnies Winter Appeal
This term we will be promoting our Winter Appeal. We are asking you to bring in tinned food (for example tinned ham, baked beans, tinned fruit). We are also looking for a few cloth shopping bags to put these in.

You can also bring in essential items such as toothbrushes, toothpaste, soap, shampoo etc. So make sure to stock up on essential items and tins over the holidays!  Sienna and Tayla

PJ Day & Hot Chocolate!
On Friday 18th August we are having our PJ day and selling hot chocolates. If you wear your PJs to school you will be asked to donate a gold coin to the St Vincent de Paul Winter Appeal. If you would like a hot chocolate it is also a gold coin donation.

Caitlin & Emily

Parish News

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<th>MASS TIMES – 2017</th>
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<tr>
<td>Hamilton:</td>
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<td>Dunkeld:</td>
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<td>Glenthompson:</td>
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<td>Penshurst:</td>
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<td>Macarthur:</td>
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Assembly

Assemblies are held every second Friday starting at 2.40pm.

Our next assembly will be Friday 28th July
All welcome!

Parents and Friends

St Mary’s Primary School Social Night
Saturday August 12th
7:00pm till Midnight
St Mary’s Hall, Lonsdale Street Hamilton

Live Music by The McIntyre Brothers
Supper by Simson and James
BYO Drinks
$20 per person

Tickets available from the school office until Friday August 4th.
No tickets will be available on the night.
Christmas Expo!

Our St. Mary’s Christmas Expo is our annual community event & major fundraiser. This year’s Christmas Expo will be held on Saturday, 2nd December at the Hamilton Performing Arts Centre (P.A.C.) in Brown Street.

This year’s event will be our 25th!

- This wonderful event...
  - strengthens our St. Mary’s Community Spirit,
  - raises important funds for our school and
  - heralds the beginning of the Christmas Season in Hamilton and the surrounding District.

- We would love you to be a part of it and we welcome and encourage you to become involved.

- Our school community – our parents, friends and staff,
  - organise and supervise a Street Parade……
    Each of our homerooms organise an entry to enter in the Street Parade.

- Other community organisations are also invited and encouraged to enter the Street Parade.

- And manage……
  Traders/Stall Holders, Amusement Rides, Santa-land, Gourmet Gifts, Gift Boxes/Baskets, a Raffle, an Auction, a Second Hand Book stall, a B.B.Q. & a Café, within and around the Hamilton Performing Arts Centre (P.A.C.) in Brown Street.

- The Christmas Expo Committee is run by parent volunteers, as a subcommittee to our Parents & Friends Association.
  - As a parent or guardian you are a member of our Parents & Friends Association. (P. & F.)
  - Vicki Button, Suzi O’Brien, Marie McDonald and Erika Donaldson (parent volunteers) and Jo-Anne Bond & Kerry Stevens (as staff members) have confirmed their willingness to assist and are members of this subcommittee.

- This Christmas Expo committee is supported by the Team Leaders.
  - These team leaders volunteer to organise and manage the activities mentioned above.
  - Each Team leader has a group of willing helpers to support them before and on the day.

- Everyone is encouraged to be involved.
- A list of this year’s Team Leaders will be included in the newsletter early next term.

- So, you are invited to be a part of this wonderful annual event.
- There are many ways you could share your gifts and talents.
- Please think about how you will be able to take part.
- Your involvement/participation/contribution, no matter how big or small, will be greatly appreciated.

- Next term a form will be sent home formally asking you how you would be willing to assist.
- Keep a lookout for upcoming newsletters.

- We welcome your interest and/or enquiries.
- Any questions?
- Do you require any further information regarding our Christmas Expo?
- Please contact us.
- Phone: 55519000 or send an email to expo@smhamilton.catholic.edu.au.
  Together, let’s make this year’s event a memorable one!

Kerry Stevens
on behalf of the 2017 Christmas Expo committee.

UNIFORM SHOP

Are you able to volunteer your time once a week to open our Uniform Shop for sales? If you can help out please speak to Jo-Anne or Helen.

Opening times: not until further notice
Purchases can be made by attending the Uniform Shop or by placing an order with payment at the front office. EFTPOS available.

Canteen Roster

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<thead>
<tr>
<th>Date</th>
<th>Name</th>
<th>Notes</th>
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<tbody>
<tr>
<td>26/7/2017</td>
<td>Jen Taylor</td>
<td></td>
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<tr>
<td>02/08/2017</td>
<td>Volunteer needed</td>
<td></td>
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<tr>
<td>09/08/2017</td>
<td>Cass Young</td>
<td></td>
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<tr>
<td>16/08/2017</td>
<td>Volunteer needed</td>
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Please note that if there are no parent volunteers there will be no lunch orders available on that day.

Book Club

Please note: there will be no late book orders due to the timing of our book fair. Orders are due in by Wednesday 26th July.
Library News

Book Sale –
Late last year the Fiction section of our Library collection was weeded and culled. As a result, we have many old novels / fiction books ready for sale. On Wednesday, 2nd August, 2017 (please note the change of date) our Library Monitors will run a second-hand book sale in our Library Resource Centre Learning Space. Funds raised go towards purchasing items for our collection. We hope you will come along and purchase some of these inexpensive, well-loved books.

Happy Reading, Kerry Stevens (Teacher/ Librarian)

Pastoral Care

Welcome to term 3! I am going to start the term with a focus on sleep taken from www.sleephealthfoundation.org.au. This week we look at some common sleep issues and suggestions of how to manage them.

Sleep problems in pre-schoolers and junior school
Many problems in this age group stem from a child’s struggles between a need to develop independence and the need to be close to those they love. Common sleep disturbance in this age group include:

- Inability or unwillingness to fall sleep or stay asleep alone
- Bedtime fears, bedtime refusal
- Chronic and persistent night-time waking
- Sleep walking, sleep talking and nightmares

There are quite a few things that contribute to these sleep problems

- Poor sleep habits or poor sleep “hygiene”. This includes things like irregular bed and wake times or too much television before bed. (See list on Sleep Facts page)
- Parent’s being inconsistent or unable to follow through on bedtime rules or routines or in the middle of the night.
- The child associates something which stops them from being able to get to sleep alone. Sometimes a parent will stay or sleep with a child until they fall asleep or the child will sleep in the parental bed.

WHAT CAN YOU DO?

- Teach young children how to put themselves back to sleep alone. Withdraw your presence form their sleep environment slowly but surely.
- Regulate bed and wake times. Set limits at bedtime.
- Be aware of the signs of fatigue in this age group during the day (hyperactivity, acting out, irritability).
- Have a soothing and gentle routine before bed. Negotiate the routine with your child and make a deal. For example:
  - “We can ???? (e.g. read two books) if you want, but then you have to do ???? (e.g. go to bed now) ”
  - “Would you like to do ???, then you have to do ???”

I hope you have a good term with your child/ren but if you have any concerns or would like specific help with an issue please feel free to contact me on

Kind regards Lisa Gonnet
Schools pastoral care worker
0400994032

SUNDAY 15TH OCTOBER 2017
FROM 10:30AM LAKES EDGE ADVENTURE PARK HAMILTON
2KM COURSE WITH 20+ OBSTACLES
$25 PER CHILD — OPEN TO CHILDREN AGED 3-13 YEARS
EACH CHILD WILL RECEIVE A HEADBAND & MEDAL
ONLINE BOOKINGS ONLY WWW.TINYURL.COM/NHKRACE
LUNCH AVAILABLE ONLINE — $9.50 PER CHILD OR $15 PER ADULT SUPPORTED BY CAST, CBA
PROUDLY SUPPORTED BY