

ST MARY'S PRIMARY SCHOOL



Parish Priest: Fr Paddy Mugavin
SAC Chair: Jonathan Rowe

Newsletter

PO Box 788 Hamilton 3300

Ph: 5551 9000

Website: www.smhamilton.catholic.edu.au

Email: office@smhamilton.catholic.edu.au

Principal 2019: Terrielynn Groves

Child Protection Officer: Tania Stevens

Friday 31st May, 2019

Issue 15



Dear Parents, Carers, Staff, Students and Friends,

Another extremely busy week here at St Mary's with lots on to celebrate Catholic Education Week. A huge thank you to all our staff for the work they have put into preparing meaningful activities for this important week. Their hard work is greatly appreciated.

I was delighted to read the heartfelt responses our parents and families wrote about why they chose a Catholic School for their children. Words like community, belonging, friendly, love, Jesus and values came up time and time again. We are all very proud of our school and the wonderful people who make it what it is.

Thanks for a great week!

Have a wonderful weekend with the people you love,

Terrielynn

IMPORTANT DATES

June

Week 7

5th June – Step Into Prep 9.30-11am

7th June – Pupil Free Day - RE Professional Learning

Week 8

10th June – Long Weekend

12th, 13th & 14th – June – 5/6 Camp

16th June – Sacrament of Confirmation

Week 9

18th June – Performance at the Hamilton PAC, Robot Song, Gr 3-6s

20th June – PSGs

20th June – Pizza Lunch!

21st June – Assembly

21st June – Gr 2 Parish Dinner

Week 10

28th June – last day of term, 2.15pm finish

28th June – PJs and tinnies for Vinnies – The Winter Appeal

Attachments to this week's Newsletter:**Advance Notice:**

21st June – Gr 2 Parish Dinner
 2nd August - Grandparent's Day
 9th August – Gr 3 Parish Dinner
 19th August – School Photos
 23rd August – Gr 4 Parish dinner
 30th August - Father's Day Lunch/Footy Colours
 6th September – Gr 5/6 Parish Dinner
 12th September – Art Show

Staff Professional Learning**Peg Colliery Awards**

We were delighted to announce **Rhylee Beveridge, Ruby Fitzpatrick and Alex Gunning** as our three recipients for the Peg Colliery Memorial Scholarships. These three outstanding students were most well deserving of this prestigious award. Congratulations!

**Nut Free School**

Just a reminder that we are a nut-free school as we have children who have nut allergies.

Please **do not** include **nuts/peanut-butter/Nutella** in lunchboxes.

Thanks for your support in this!

RUBBISH FREE FRIDAYS!

Last Friday was our first Rubbish Free Friday and we were so pleased that 63 of our students came to school completely rubbish free! Well done to all the families who supported their children in this. We look forward to getting to 80 students this week.

Working Bee

Thank you to the hard working band of parents who attended Saturday's Working Bee. Despite the weather, we were able to get all the jobs done that were on our list. We'll have another one as we head into Spring.

Open Morning & Information Session

We have had a very positive response to our Open Morning and Information Evening last Monday. There is a great deal of interest in our amazing school and we are always proud to show it off.

STEP INTO PREP!

We have also had a huge response to Step Into Prep on Wednesday 5th June, particularly from new families. If you already have your children here at St Mary's and have a kinder child ready to start in 2020, make sure you book them in too!

Pizza Lunch

On Thursday 20th June, a wonderful team of parents and grandparents have very kindly organised BAKERS DELIGHT to prepare pizzas for students and staff for lunch! Our School Councillors have decided that the money raised from this event will be spent on getting some new sandpit toys for our school.

Those who would like to order can do so by filling in the order form sent home on Tuesday



and returning it to school by Monday 17th June so we can let BAKERS DELIGHT know how many pizzas to make. If you would like to help on the day, please add your name to the order form. A pizza will cost \$3.50 each. Please include payment with the order. Thanks!

Link Up!

A strength of the St Mary's Community is our ability to look after one another in times of need. On numerous occasions already this year Link Up has assisted families who have experienced loss, illness, sadness and celebration.

Thank you to those families who have already generously provided food for our freezer: lasagne, quiche, cakes, slices, cupcakes, sausage rolls, soup, casseroles ...

Food needs to be clearly labelled and dated in disposable containers. You can place it in the freezer in the multi-purpose room yourself or leave at the office.

For more information or to let us know of families who need assistance please call the office.

Pupil Free Day Reminder

On Friday 7th June we will have a school closure day which will have an RE focus. Please pop this date in your diary!

Canteen Roster

Lunch orders are available every **Wednesday** as long as we have a volunteer. Canteen cannot be offered to our students without our volunteers. If you are interested in helping out, please let the school office know or put your name on the roster at the office.

05/06/2019

Sue Wilson

12/06/2019

Jo Sobey

19/06/2019

Katrina Maybery

Sacramental Program Reminder

Catechist sessions started on Sunday 12th May during 10:30am Mass. The Sacrament of Confirmation will be celebrated on Trinity Sunday, the 16th June at the 10:30am Mass.

If you have not already given your child's Baptism Certificate to me then please do so. Also just a reminder that the Sacramental Levy is \$50 for the year. Thank you

Noreen McLeish

Sacramental Coordinator 0438531651

Pastoral Care

Hello, we are half way through term 2, I hope you and your family have found something in these last articles from Andrew Fuller to interest, or be of help to you. This week we continue with "Depression proof your kids".

Get some exercise

Exercise decreases stress hormones such as cortisol and increases endorphins (happy chemicals). Exercise also helps release dopamine, adrenaline and serotonin, which work together to make you feel good.

Endorphins are a hormone like substance, produced in the brain and function as the body's natural painkillers. During exercise endorphins can leave you in a state of euphoria with a sense of wellbeing.

The most effective type of exercise for the release of endorphins is cardiovascular exercise and aerobics.

Moderate exercise for 10 minutes a day is enough to improve your mood and increase energy but it is suggested that you do 30 minutes per day.

Laugh more.

Laughter raises our levels of serotonin and dopamine. Make a point of watching TV shows or movies that make you laugh. Share funny stories and jokes with friends. People report that laughing even when they don't feel happy improves their mood and sense of well-being.

If you have any questions about this or any concerns you have please call me.

Regards

Lisa Gonnet 0400 994 032

Schools pastoral care worker

Assembly

Our next assembly will be Friday 21st June, 2019

in our Learning Street @ 2.40pm.

All welcome!

Book Club

Orders are due back on Monday 3rd June, 2019.

THE SPORT CATCH UP

Division Cross Country

Well done to the 13 students who qualified for Division Cross Country. It was a windy and cold day in Warrnambool, but the showering rain incredibly held off for each race time. The course stretched through the grounds at Deakin University and finished with a 'home straight' down the football oval. Each and every one of our runners should be so proud of themselves, they ran beautifully. We had four 9/10 girls compete; Ruby Cleaver placed 56th and Lily Raymond placed 47th. Hazel Clarkson looked green around the gills before taking the course, but finished with a huge smile and so she should have, placing 22nd overall. We especially congratulate Ruby Fitzpatrick, who finished 6th, qualifying through to Regionals!

Jobe Dunn gallantly represented St Mary's in the 9/10 boys placing 46th. Our two 11 year old boys both placed within the top 25, a fantastic result. Jude Alexander ran an amazing race placing 24th and Jack Sobey must be congratulated for coming in at 9th place! Jack's incredible effort also sends him through to Regionals. Our 12 year girls, had a long wait to display their skills, but they each demonstrated inspirational persistence and determination, pushing through even when their legs had given up!

Well done to Grace Cleaver 28th, Bridget Mailles 45th and Maddy Maybery 46th. In the last race of the day, the 12 year old boys, Josh Gardner worked hard to place 44th and Hugh Fitzgerald in true Lightning McQueen style displayed the "I am speed" mantra to finish 3rd! Ka-Chow!! This wonderful result qualifies him through to Regionals!

We wish Ruby F, Jack S and Hugh F all the very best for Regional Cross Country on Monday 3rd June!





Division Hockey

We have a team of champions participating in the Hamilton and Portland Division Hockey Championships today at Pedrina Park. Thank you to our resident hockey expert and enthusiast, Coach Tania Stevens for supporting the team at this event. We hope you have a wonderful day on the pitch!

Parish News

MASS TIMES – 2019

Hamilton:	Saturday 6pm Sunday 10.30am
Dunkeld:	Sunday 8.30am
Glenthompson:	Sunday 8.30am
Penshurst:	Sunday 8.30am
Macarthur:	Sunday 8.30am

Catholic Education Week Photo's



Woolworths Earn and Learn

total so far: 8040 stickers!!

Collect as many stickers as you can between now and 25th June. Fantastic effort!



Hamilton Scout Group

Try Scouting FREE for 3 weeks!
See what Scouting can do for your child.



Adults can get involved too!
Come have fun and join the adventure.
Become a uniformed Leader or adult helper.

- Joey Scouts** 6-7 years – Monday 6:00-7:00pm
- Cub Scouts** 8-10 years – Tuesday 6:30-8:00pm
- Scouts** 11-14 years – Wednesday 7:00-9:00pm
- Venturers** 15-17 years – Friday 7:00-9:00pm

Enquiries:
1800 SCOUTS
gl.hamilton@scoutsvictoria.com.au

Step into Prep!

ST MARY'S PARISH PRIMARY SCHOOL, HAMILTON



Children who will be ready to begin school in 2020 are invited to come along and Step Into Prep!
An opportunity to discover learning at St Mary's.

WEDNESDAY 5TH JUNE 2019

Step into Prep! 9.30 am – 11 am

Parents are invited to stay for morning tea with members of our school community after drop off.

Please register your child for this day

5551 9000

office@smhamilton.catholic.edu.au

49 HILLER LANE, HAMILTON

Prep enrolments for 2020 are due by Friday 26th July 2019.