Engaging Adolescents

Parenting Program

A 3 week program for parents of 12 – 15 year olds.

Engaging Adolescents will:

- Help parents understand and cope better with the challenges of early adolescents
- Provide parents with information and skills for developing and maintaining trusting, positive relationships with their adolescents.

During sessions parents have the opportunity to discuss

- Family life with teenagers
- Normal phases and behaviour
- Sorting out behaviours
- PASTA strategy for teenagers
- Communication

Date: Wednesday 10th, 17th, and 24th August, 2016
Time: 6 – 8 pm
Venue: Monivae College, Hamilton
Cost: Free - $6.50 Workbook
Bookings: Centacare, Family Relationship Services
          Family Relationship Practitioner
          Marea Sholly
          Phone: (03) 5559 3000
          Email: marea.sholly@centacarewarrnambool.org.au